

Scottish Vocational Qualification 2

Social Services and Healthcare at SCQF level 6

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| Awarded by | Scottish Qualifications Authority |
| Accredited from | 02 October 2013 to 31 March 2027 |
| Group Award number | GH5Y 22 |
| Version number | 4 (May 2025) |

Standards

The standards, assessment strategy and award structures are owned by Skills for Care and Development (of which the Scottish Social Services Council are partners) and Skills for Health.

Codes

The first code before the Unit title (six digits) indicates the SQA Unit code, which should be used when registering candidates for this Unit with SQA. This code should also be used when contacting SQA to discuss any queries related to the Unit.

The code in brackets indicates the National Occupational Standards Unit code. This code is abbreviated to just the number at the end, which is in bold, when being referenced by candidates in their work, eg SCDHSC 00**21** is referred to as **21**.

Structure of the SVQ

To achieve the SVQ level 2, candidates are required to complete **six** Units. **Four** core/mandatory Units plus **two** optional Units

(Please note that in this qualification there are no elements in each Unit — instead there is a continuous list of Performance Criteria that need to be evidenced. These Performance Criteria are grouped under separate headings to aid the assessment planning process.)

Registration

For registration purposes the Scottish Social Services Council (SSSC) require the completion of all **FOUR** core Units and **TWO** optional Units.

SCQF Credits and levelling

SCQF Overall credit — Minimum 51 and Maximum 58

SCQF level 6

Core/mandatory Units — Complete all four Units

H5NA 04 (SCDHSC 0021) — 10 SCQF Credits at SCQF level 6

Support effective communication

- Identify how best to support communication with and by individuals
- Support individuals to communicate
- Communicate with individuals and key people
- Respond to questions and concerns of individuals and key people
- Contribute to communicating through records and reports

H5NB 04 (SCDHSC0022) — 10 SCQF Credits at SCQF level 6

Support the health and safety of yourself and individuals

- Carry out health and safety checks before you begin work activities
- Ensure your actions support health, safety and security in the place where you work
- Take action to deal with emergencies

H5L5 04 (SCDHSC0023) — 8 SCQF Credits at SCQF level 6

Develop your own knowledge and practice

- Reflect on your current practice
- Plan to develop your knowledge and practice
- Apply acquired knowledge and skills in your work

H5NC 04 (SCDHSC0024) — 9 SCQF Credits at SCQF level 6

Support the safeguarding of individuals

- Clarify your awareness of harm, abuse and safeguarding
- Support practices that help to safeguard individuals from harm or abuse
- Relate to individuals and key people in ways that support safeguarding
- Work in ways that support the rights, inclusion and wellbeing of individuals
- Support individuals to keep themselves safe

Optional Units — Choose two Units

H5ND 04 (SCDHSC0210) — 8 SCQF Credits at SCQF level 6

Support individuals to participate in recreational activities

- Support individuals to identify recreational activities that suit them
- Support individuals to participate in recreational activities
- Support individuals to review the value of recreational activities
- Implement changes to increase participation in recreational activities

H5NE 04 (SCDHSC0025) — 10 SCQF Credits at SCQF level 6

Contribute to the implementation of care or support plan activities

- Carry out specific activities within a care or support plan
- Provide feedback on care or support plan activities
- Contribute to revisions of care or support plan activities

H5NF 04 (SCDHSC026) — 9 SCQF Credits at SCQF level 6

Support individuals to access information on services and facilities

- Support the individual to use information about services and facilities
- Support the individual to access information about services and facilities
- Enable individuals to evaluate information about services and facilities

H5NG 04 (SCDHSC0027) — 9 SCQF Credits at SCQF level 6

Support individuals in their daily living

- Work with individuals to agree the support they require for their daily living
- Assist individuals in activities to promote their wellbeing
- Enable individuals to access other support to promote their wellbeing

H5NH 04 (SCDHSC0028) — 8 SCQF Credits at SCQF level 6

Support individuals to make journeys

- Support individuals to plan journeys
- Accompany individuals on journeys

H5NK 04 (SCDHSC0029) — 9 SCQF Credits at SCQF level 6

Support individuals to meet their domestic and personal needs

- Support individuals in the preparation of food that meets their nutritional and dietary requirements
- Support individuals to obtain household and personal goods
- Support individuals to keep their home healthy, safe and secure

H5NL 04 (SCDHSC0211) — 8 SCQF Credits at SCQF level 6

Support individuals to take part in development activities

- Prepare for participation in development activities
- Support the individual to participate in development activities
- Contribute to the evaluation of development activities

H5NM 04 (SCDHSC0212) — 10 SCQF Credits at SCQF level 6

Support individuals during therapy sessions

- Make preparations for therapy sessions
- Support the individual during therapy sessions
- Carry out observations in relation to therapy sessions
- Contribute to reviewing the effectiveness of therapy sessions
- Tidy the environment and materials after therapy sessions

H5NN 04 (SCDHSC0213) — 8 SCQF Credits at SCQF level 6

Provide food and drink to promote individuals' health and wellbeing

- Support individuals to identify what they will eat and drink
- Prepare food and drink relevant to individuals' dietary needs and preferences
- Serve food and drink to individuals
- Clear away when individuals have finished eating and drinking

H5NP 04 (SCDHSC0214) — 9 SCQF Credits at SCQF level 6

Support individuals to eat and drink

- Make preparations to support individuals to eat and drink
- Support individuals to prepare to eat and drink
- Support the individual to consume food and drink
- Support individuals when they have finished eating and drinking

H5NR 04 (SCDHSC0215) — 10 SCQF Credits at SCQF level 6

Help individuals to maintain mobility

- Prepare for activities to maintain the individual's mobility
- Support the individual to maintain mobility
- Monitor mobility activities and the individual's mobility

H5NS 04 (SCDHSC0216) — 9 SCQF Credits at SCQF level 6

Help address the physical comfort needs of individuals

- Assist in minimising individuals' pain or discomfort
- Assist in providing conditions that will help the individual to rest

DK94 04 (SFHCH S5) — 10 SCQF Credits at SCQF level 5

Undertake agreed pressure area care

H5NT 04 (SCDHSC0218) — 9 SCQF Credits at SCQF level 6

Support individuals with their personal care needs

- Support individuals to use toilet facilities
- Support individuals to maintain their personal hygiene
- Support individuals to manage their personal appearance

H5NV 04 (SCDHSC0219) — 9 SCQF Credits at SCQF level 6

Support individuals to manage continence

- Support individuals to maintain continence
- Support individuals to use equipment to manage continence

DK9J 04 (SFHCH S150) — 10 SCQF Credits at SCQF level 6

Maintain the feet of individuals who have been assessed as requiring help with general foot care

DL4A 04 (SFHCH S2) — 10 SCQF Credits at SCQF level 6

Assist in the administration of medication

H5NW 04 (SCDHSC0222) — 11 SCQF Credits at SCQF level 6

Support the rights and wellbeing of individuals when they undergo healthcare procedures

- Support the rights of individuals in relation to healthcare procedures
- Support individuals to prepare for healthcare procedures
- Support individuals during healthcare procedures
- Support individuals after healthcare procedures

H5NX 04 (SCDHSC0223) — 10 SCQF Credits at SCQF level 6

Contribute to moving and positioning individuals

- Prepare to contribute to the moving and positioning of individuals
- Assist individuals to move from one position to another

H5NY 04 (SCDHSC0224) — 10 SCQF Credits at SCQF level 6

Monitor the condition of individuals

- Monitor individuals' conditions through observation
- Complete records and reports on changes in the condition of individuals
- Adjust monitoring processes to address individuals' changing conditions

H5P0 04 (SCDHSC0225) — 10 SCQF Credits at SCQF level 6

Support individuals to carry out their own healthcare and monitoring procedures

- Support individuals to prepare to carry out their own healthcare and health monitoring procedures
- Support individuals to carry out their own healthcare procedures for treatments and dressings
- Support individuals to monitor their own health by obtaining specimens and taking physical measurements
- Support individuals to manage materials and equipment safely after carrying out healthcare and monitoring procedures

H5P1 04 (SCDHSC0226) — 10 SCQF Credits at SCQF level 6

Support individuals who are distressed

- Identify aspects of individuals' lives that may cause distress
- Work with individuals and others to alleviate their distress
- Support individuals through periods of stress and distress

H5P2 04 (SCDHSC0227) — 10 SCQF Credits at SCQF level 6

Contribute to working in partnership with carers

- Contribute to working in partnership with carers to support individuals
- Contribute to working in partnership with carers to plan support for their own needs and preferences
- Contribute to working in partnership with carers to access resources, service and facilities
- Contribute to the review of services and facilities for carers

H5P3 04 (SCDHSC0228) — 8 SCQF Credits at SCQF level 6

Contribute to effective group care

- Contribute to group care that helps to meet the needs of group members
- Contribute to group care programmes and activities
- Contribute to the assessment of group care

H5P4 04 (SCDHSC0229) — 8 SCQF Credits at SCQF level 6

Maintain safety and security when accessing individuals' homes

- Confirm your understanding of arrangements for accessing individuals' homes
- Follow procedures to access and secure individuals' homes
- Take appropriate action when you cannot access individuals' homes.
- Address emergencies encountered after gaining access to the individual's home.
- Review procedures for accessing and securing the individual's home.

H5P5 04 (SCDHSC0230) — 10 SCQF Credits at SCQF level 6

Manage environments and resources for health care procedures in social care settings

- Work with individuals to prepare the environment and resources for healthcare procedures
- Manage the environment and resources during healthcare procedures
- Manage the environment and resources after healthcare procedures

DK4L 04 (SFJCSA F2) — 10 SCQF Credits at SCQF level 6

Protect yourself from the risk of violence at work

- Help to de-escalate a potentially violent situation
- Review the incident for recording and monitoring purposes

H5P6 04 (SCDHSC0233) — 8 SCQF Credits at SCQF level 6

Develop effective relationships with individuals

- Identify individuals' preferences and needs regarding your relationship with them
- Develop effective relationships
- Adjust relationships to meet changing circumstances

H5P9 04 (SCDHSC0234) — 8 SCQF Credits at SCQF level 6

Uphold the rights of individuals

- Uphold the individual's right to be in control of their life
- Uphold the right to be respected as an individual
- Uphold the individual's right to privacy of information
- Promote confidence in your capacity to uphold the individual's rights

H5P7 04 (SCDHSC0235) — 10 SCQF Credits at SCQF level 6

Enable individuals to make their way around specific places

- Work with the individual to complete assessments for making their way around specific places
- Support the individual to make their way around specific places
- Contribute to the evaluation of actions and activities to enhance mobility

DK53 04 (SFHCH S1) — 8 SCQF Credits at SCQF level 5

Receive and store medication and products

DK9X 04 (SFHCH S131) — 7 SCQF Credits at SCQF level 6

Obtain and test capillary blood samples

DK9Y 04 (SFHCH S7) — 8 SCQF Credits at SCQF level 5

Obtain and test specimens from individuals

H5PA 04 (SCDHSC0239) — 8 SCQF Credits at SCQF level 6

Contribute to the care of a deceased person

- Contribute to preparing the deceased person for transfer
- Contribute to the transfer of the deceased person

H5PB 04 (SCDHSC0241) — 9 SCQF Credits at SCQF level 6

Contribute to the effectiveness of teams

- Agree your role and responsibilities within the team
- Participate effectively as a team member
- Contribute to improving the team's effectiveness

H5PC 04 (SCDHSC0242) — 8 SCQF Credits at SCQF level 6

Deal with messages and information

- Process messages received
- Pass on messages
- Respond to requests for information

H5PD 04 (SCDHSC0243) — 8 SCQF Credits at SCQF level 6

Support the safe use of materials and equipment

- Move materials and equipment safely
- Monitor the use of materials and equipment
- Help maintain materials and equipment

H5PE 04 (SCDHSC0244) — 8 SCQF Credits at SCQF level 6

Support individuals in the community

- Organise time to enable you to complete work with individuals
- Balance your own duties and responsibilities with individuals' needs and preferences
- Report risks and changes in the individual's preferences and needs.

H5PF 04 (SCDHSC0245) — 8 SCQF Credits at SCQF level 6

Receive visitors in health and social care settings

- Receive visitors according to work setting requirements and procedures
- Support individuals and their visitors during a visit
- Take action to control the activities of visitors where necessary

H5PG 04 (SCDHSC0246) — 7 SCQF Credits at SCQF level 6

Maintain a safe and clean environment

- Clean rooms, work areas, equipment and surfaces
- Monitor and maintain the cleanliness of environments

For further information on this qualification, please contact:

SQA Care

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e-mail: sqacare@sqa.org.uk

History of changes

| Version | Description of change | Date |
|---------|---|----------|
| 04 | Extension to Accreditation period until 31/03/2027 | 21/05/25 |
| 03 | Extension to Accreditation period until 31/01/2025 | 17/12/21 |
| 02 | Technical review carried out and qualification granted three year extension as still current to the sector. | 01/02/19 |
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